

Exclusion Guidelines for COVID-19

Covid-like Illness:

New onset of cough, shortness of breath, difficulty breathing, loss of sense of taste or smell **or** at least 2 of the following symptoms:

Fever 100.4 or greater

Chills

Shivering

Muscle Pain

Sore Throat

Headache

Gastrointestinal Symptoms (nausea, vomiting, or diarrhea)

Fatigue

Congestion

Runny Nose

If a student presents to the HR with **one new symptom not meeting the definition of COVID-19 illness**, the student will be sent home. The student may return when symptoms have improved and without fever for 24 hours without fever reducing medicine. *If person develops symptoms of COVID-19 like illness, follow the guidelines below.

If a student presents with new onset of cough, shortness of breath or at least 2 of the following symptoms listed above he/she will be placed in an isolation area and a parent will be called to pick up student. Isolation will be held in the parish library. Parents must use the parish library entrance to pick up the student.

Parent should call the health care provider about testing for COVID-19 or about being seen for evaluation of another illness.

If the student does not receive a COVID-19 laboratory test or another specific diagnosed illness from health care provider, the student must stay at home and isolate for at least 10 days since the onset of symptoms and then may return if symptoms resolve and they are fever free for 24 hours without fever reducing medicine. ***Close contacts must quarantine for 14 days, unless they develop symptoms, in which case they would have to isolate for 10 days from the onset of symptoms or receive a laboratory test.**

Best Option – Get a laboratory test or a health care provider diagnoses that symptoms are related to another illness (e.g. strep throat, influenza, ear infection) or the health care provider

documents that symptoms are related to pre-existing medical diagnosis (allergies, asthma). Student must present a note from the health care provider stating it is safe for the student to return to school.

Scenarios pertaining to COVID-19 test results:

1. Symptomatic person who tests positive must be home for at least 10 days from the onset of symptoms and until no fever for 24 hours without fever reducing medicine and symptoms are improving. ***Close contacts must quarantine for 14 days, unless they develop symptoms, in which case they would have to isolate for 10 days from the onset of symptoms.**
2. Asymptomatic person who tests positive must stay home for 10 days from the date of the positive test results. ***Close contacts must stay home for 14 days from the date of the last exposure to the person with the positive test. If the close contact develops symptoms, then they must isolate for 10 days from the onset of symptoms.**
3. Person receives a negative laboratory test or another specific diagnosed illness from health care provider, the student must stay at home and may return if symptoms resolve and they are fever free for 24 hours without fever reducing medicine. *** The person should consider being retested if the symptoms do not improve. Close contacts do not need to stay home as long as they remain asymptomatic.**

**** A diagnosis of pneumonia or acute respiratory distress is assumed a positive COVID-19 case**

*****It is the responsibility of the parents to notify the school nurse of all pending laboratory COVID-19 tests and results of all COVID-19 laboratory tests whether positive or negative. Please notify ASAP by phone or e-mail so we can take the necessary steps to protect other students and staff in our school community.**