

Maryland State Management of Diabetes at School/Order Form

This order is valid only for the Current School Year: _____ (including summer session)

Student: _____		DOB: _____	
School: _____		Grade: _____	

CONTACT INFORMATION

Parent/Guardian: _____ Home Phone: _____ Work: _____ Cell/pager: _____

Parent/Guardian: _____ Home Phone: _____ Work: _____ Cell/pager: _____

Other Emergency Contact: _____

Insulin Orders (complete only if insulin is needed at school):

1. Insulin administration via:

☐ Syringe and vial ☐ Insulin pen ☐ Insulin pump ☐ Other _____

☐ Insulin pump Type of pump: _____ Basal rates: _____

2. Insulin Before Lunch/Meals: Name of Insulin: _____

☐ Routine lunchtime dose: _____

☐ Per sliding scale as follows:

Meals			
Blood Glucose	_____	to	_____ give _____ units
Blood Glucose	_____	to	_____ give _____ units
Blood Glucose	_____	to	_____ give _____ units
Blood Glucose	_____	to	_____ give _____ units
Blood Glucose	_____	to	_____ give _____ units
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Blood Glucose	_____	to	_____ give _____ units
Blood Glucose	_____	to	_____ give _____ units
Blood Glucose	_____	to	_____ give _____ units

☐ Calculated insulin dose (add carbohydrate coverage and correction dose for total insulin dose):

Carbohydrate Coverage: Insulin to carbohydrate ratio

Give _____ # unit(s) insulin per _____ gms carbohydrate.

Correction:

Give _____ # unit(s) insulin per _____ mg/dl of glucose **above** _____ mg/dl

Subtract _____ # units for every _____ mg/dl of glucose **below** _____ mg/dl

☐ Insulin may be given after lunch if _____

3. Other times insulin may be given:

<input type="checkbox"/> Snack:	Dose: _____	<input type="checkbox"/> Calculated as above.	<input type="checkbox"/> Snack:
<input type="checkbox"/> Ketones:	If ketones are _____	Give/Add: _____ unit(s)	Blood Glucose Give: _____ units
	If ketones are _____	Give/Add: _____ unit(s)	_____ units
			_____ units

Health Care Provider Authorization for Management of Diabetes in School

My signature below provides authorization for the above written orders. This authorization is for a maximum of one school year. If changes are indicated, I will provide new written authorization, which may be faxed.

Health Care Provider Name: _____ **Signature:** _____ (original or stamped signature) ***Sign both sides.**

Address: _____ **City:** _____ **Zip:** _____

Phone: _____ **Fax:** _____ **Date:** _____

Use for Prescriber's Address Stamp

Parent Consent for Management of Diabetes at School

I (We) request designated school personnel to administer the medication and treatment orders as prescribed above. I agree

1. To provide the necessary supplies and equipment
2. To notify the school nurse if there is a change in the student's diabetes management or health care provider.

I authorize the school nurse to communicate with the health care provider as necessary.

Parent/Guardian Signature _____ **Date** _____ ***Sign both sides.**

_____ **Date** _____

Order reviewed and signed by School Nurse (per local policy): _____ **Date:** _____

Student: _____

Blood Glucose Monitoring:

Target range for blood glucose monitoring at school: _____

- ☐ Before snacks ☐ 2 hours or _____ hours after lunch
☐ Before meals ☐ 2 hours or _____ hours after a correction dose
☐ As needed for symptoms of hypo/hyperglycemia
☐ With signs and symptoms of illness
☐ Other times: _____

Hypoglycemia – blood glucose less than _____

- ☐ Self treatment for mild lows.
☐ Give _____ grams of fast-acting carbohydrate according to care plan. Recheck BG in 10-15 mins. Repeat treatment if BG less than ____mg/dl
☐ Provide extra protein & carbohydrate snack after treating low if next meal/snack greater than _____ minutes away
☐ Suspend pump for severe hypoglycemia for _____ mins.

If student is unconscious, having a seizure or unable to swallow, presume student is having a low blood sugar and:

Call 911, notify parent

☐ Glucagon injection (1 mg in 1 cc) _____ mg, subcutaneously or intramuscular (IM)☐ OK to use glucose gel inside cheek, even if unconscious, seizing.☐ Other: _____**Hyperglycemia – blood glucose greater than _____**

- ☐ Check urine ketones, follow care plan, administer insulin as per orders. ☐ For pumps, insulin may be given by syringe or pen if needed.
☐ Encourage sugar free fluids, at least _____ ounces per _____.
☐ If student complains of nausea, vomiting or abdominal pain; check urine ketones & check insulin administration orders.
☐ Other: _____
 * Transport to local Emergency Room may be needed with vomiting and large ketones.

Meal Plan

- ☐ AM snack, time: _____ ☐ PM snack time: _____ ☐ Avoid snack if blood glucose greater than _____ mg/dl.
☐ Lunch: _____
☐ Extra food allowed; ☐ Parent's discretion; ☐ Student's discretion

Exercise (check and/or complete all that apply)

Fast-acting carbohydrate source must be available before, during and after all exercise.

- ☐ With student ☐ With teacher
 If most recent blood glucose is less than _____, exercise can occur when blood glucose is corrected and above _____.
☐ Eat _____ grams of carbohydrate ☐ Before ☐ Every 30 mins during ☐ After vigorous exercise
☐ Avoid exercise when blood glucose is greater than _____ or ketones are _____

Bus Transportation

- ☐ Blood glucose monitoring not required prior to boarding bus
☐ Check blood glucose 15 minutes prior to boarding bus
☐ Allow student to eat on bus if having symptoms of low blood glucose
☐ Provide care as follows: _____

Health Care Provider Assessment

Student can self-perform the following procedures (school nurse and parent must verify competency):

- ☐ Blood glucose monitoring ☐ Measuring insulin ☐ Injecting insulin ☐ Determining insulin dose
☐ Independently operating insulin pump
☐ Other: _____

Disaster Plan (if needed for lockdown, 24 hr shelter in place):

- ☐ Follow insulin orders as on Management Form
☐ Additional insulin orders as follows: _____
☐ Administer long acting insulin as follows: _____
☐ Other: _____

Other instructions:

Health Care Providers Signature: _____

Phone: _____ Date: _____

Parent's Signature: _____

Phone: _____ Date: _____

Order reviewed by School Nurse (per local policy): _____

Date: _____